

Hi, I'm Karen, Karen from the Heart of Us (transcript)

I work with women and children working to convert a sense of loss or grief into something better.

Loss can mean something different to every one of us. Loss can be parts of your dreams from your childhood. It can be a grief very deep. Grief can be the loss of a friendship, the loss of a relationship, the loss of a grandparent, the loss of a dog, a cat, or any other pet that is really important to you.

So we work with soul and spirit.

I am qualified in all kinds of modalities, including art, art, therapy, counselling, shamanic journeying, sand play, grief, and so many more. So bring all of that and my experience and lived experience together in a way that I work with you. Working with you or your child, every single one is an individual, and our gentle, creative processes make it something very natural to work through the things that are bothering us.

So if this feels like something you would like to explore, please connect with me via the form on this website on the contact page. Or, if you've worked with me before and you're ready to book in, you can book in another session. I look forward to connecting with you if you wish to work with so so that you can transform the things that are bothering you, the things that are loss, the things that might give you grief.

Just to find out more about you. You are so much more than you imagine. Many blessings. Karen. Karen Curran ~ The Heart of Us.

Karen Curran ~ The Heart of Us

Gentle processes to support finding a way through loss or grief. Women and children.

www.theheartofus.au

Background music by Peta Williams

www.petawilliams.com.au

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